



*"I'm glad I had the opportunity to attend a LEAP Core course. The greatest value was being able to tap into the facilitator's wealth of knowledge and to discuss those areas that can be controversial or where there is no right answer"*

*- Dr. David T., Family Physician*

Established in 2001, Pallium Canada is a not-for-profit organization whose mission is to strengthen Canada's ability to provide home and community-based palliative care.

We provide education and support to healthcare professionals and family/neighbour carers so that every Canadian who requires palliative care will receive it early, effectively and compassionately.

We thank Health Canada who is a primary supporter of our LEAP courses and resources.



**Palliative care is about improving quality of life. You can help make that happen.**

LEAP Core Participants have successfully implemented 69% of the changes they committed to making in their daily practice.

✉ [INFO@PALLIUM.CA](mailto:INFO@PALLIUM.CA)

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Take part in Canada's leading course on palliative care for health care professionals

*"This is a great course for any member of a palliative team. Every healthcare professional should have the opportunity to learn from this course so that patients receive the best care possible as they move through the stages of decline."*

*- Molly C., Nurse*

Learn about other LEAP courses, tools and resources at:

[PALLIUM.CA](http://PALLIUM.CA)

**Let's stay connected**

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LEAP Core is a two-day course that provides learners with the essential skills and competencies of the palliative care approach.

This course takes an interprofessional approach and promotes teamwork and collaboration among different healthcare professionals who work in a variety of settings and organizations.

## Who is it for?

LEAP Core is ideal for any healthcare professional (e.g. physicians, nurses, pharmacists, social workers, home care nurses, etc.) working in the community whose primary focus of work is not palliative care but who provide care for patients with life-threatening and/or life-limiting illnesses.

## Course Features

- This Group Learning program has been certified by the College of Family Physicians of Canada for **up to 28 Mainpro+ credits**.
- Two days, 14 hours in total
- Interprofessional approach
- Face-to-face learning with group discussion and case studies
- Course materials include a downloadable manual and the best-selling resource, the Pallium Palliative Pocketbook

## Course Modules

▪ Being Aware	▪ Respiratory Symptoms
▪ Taking Ownership	▪ Psychosocial & Spiritual Care
▪ Decision-Making	▪ Grief
▪ Pain	▪ Essential Conversations
▪ Gastrointestinal, Nutrition & Hydration	▪ Last Days & Hours
▪ Advance Care Planning	▪ Palliative Sedation
▪ Delirium	▪ Resources & Quality Improvement

## Why LEAP?

- Leading palliative care course in Canada
- Over 15,000 health professionals trained in LEAP
- Most courses are accredited by the College of Family Physicians in Canada or the Royal College of Physicians and Surgeons in Canada
- Evidence-based
- Developed by leading experts
- Peer-reviewed
- Evaluated and updated regularly
- No industry (for-profit) funding/ influence

97% of LEAP Core Participants recommend the course to other colleagues

The LEAP course Program is proud recipient of the 2016 College of Family Physicians of Canada Continuing Professional Development (CPD) Program Award

## Course Details & Registration

- More details on LEAP Core, other types of LEAP courses and tools/resources can be found at [pallium.ca](http://pallium.ca).
- LEAP course costs are variable depending on type, profession and location. Please contact us for more information.

### Find a course near you at

[bit.ly/pallium-leap](http://bit.ly/pallium-leap)

or

### Contact us to host a course

✉ [SUPPORT@PALLIUM.CA](mailto:SUPPORT@PALLIUM.CA)  
☎ 613.562.6262 ext. 1784



*We envision a future where every Canadian who requires palliative care will receive it **early, effectively, and compassionately.***

*Together, we can change the face of palliative care*